

POC Medical Exam Form

Dear Doctor: You are being asked to examine this candidate who wishes to take part in motor racing events in which it will be possible for him/her to drive a competition car at extremely high speeds under the most exacting conditions. Please, therefore, examine carefully and critically, and recommend him/her only if you are completely satisfied in all respects. An appeal procedure exists whereby he/she may take the matter up with physicians experienced in racing should you disapprove. You will thus be doing not only the applicant but our sport and yourself a service by conducting this examination as carefully as possible. CANDIDATES AGE 55 AND OVER MAY HAVE AN EKG AS PART OF THIS EXAMINATION AT THE DISCRETION OF THEIR PERSONAL M.D.

Candidates having the following afflictions must be reviewed: *(Note second box below.)

- Diabetes. 1.
- 5. History of heart attack.
- 9. All gross deformities subject to listing.

- 2.
- Loss of extremity or eye. 6.

- Epilepsy.
- 7.
 - Alcohol or drug addiction 0
- 10. Less than 20/30 corrected vision in the better eye.
- 11. Blood pressure: Diastolic over 100, systolic over 170.

- 3. Spasmodic.
- Psychological problems.

Name			Age Birthdate			
Street Address			City/State/Zip			
Male	Female Height	Hair Color Eye Color				
Mark N/A	if not examined					
Normal	Check each item in appropriate column (Enter NE if not evaluated		ted) Abnormal	25. DISTANT VISION	25. DISTANT VISION	
	1.Head, face, neck and scalp			Right Eye - 20/	Corrected to	
	2.Nose			Left eye - 20/	Corrected to	
	3.Sinuses			Both eyes - 20/	Corrected to	
	4.Mouth and throat		26. Field of vision.			
	5.Ears, general		Right eye -	Right eye - Left eye -		
	6.Drums (perforation)		Left eye -			
	7.Eyes, general (visual acuity under Item 25)			27.Color Vision (test)	27.Color Vision (test) 28.BLOOD PRESSURE.	
	8.Opthalmoscopic			28.BLOOD PRESSU		
	9.Pupils (equality and reaction)			Systolic -		
	10.Ocular motility (associated parallel movement, nystagmus)			Diastolic -		
	11.Lungs and chest (including breast)			29.PULSE Resting -	29.PULSE Resting -	
	12.Heart size (thrust, size, rhythm		After exercise -			
	13.Vascular system		2 minutes after e	2 minutes after exercise -		
	14.Abdomen and viscera (including hernia)			30. EKG results: If co	30. EKG results: If completed	
	15.Upper and Lower extremities (strength and range of motion)			PERIPERAL VISION CHECK BY CONFRONTATION		
	16.Spine, other musculoskeletal			METHOD: 70 degrees	•	
	17.Skin and lymphatics			U d	eg	
	18.Neurologic (tendon reflexes, ed	uilibrium, senses, coordination,	etc.)	5		
	19.Psychiatric (specify any persor	ality deviation)		-	~	
	20.General systemic			1-7	90 deg	
	21.Skin and lymphatics			g h		
	22.Neurologic (tendon reflexes, ed	etc.)	1 1			
	23.Psychiatric (specify any persor	ality deviation)				

31.Medical treatment within the past 5 years: Date: Name and address of physician consulted: REASON:

32. COMMENTS ON HISTORY AND FINDINGS:

24.General systemic

33. RE-EXAMINATION: It shall be the responsibility of the applicant to present himself for re-examination as follows:

- 1. Upon the expiration of his current medical examination form as required by the current Rules Book.
- Following any significant illness, injury or hospitalization. 2.
- REMARKS: 3

33. The applicant should have no established medical history or clinical diagnosis that may reasonably be expected, within one (1) year after finding, to make him/her unable to perform the duties as described above. On the basis of the above information, and mindful of the note addressed to me, I make the following recommendation:

- That the applicant is physically and psychologically fit to drive a racing car in competitive events at high speeds.
- That the applicant must receive a review and clearance from the needed specialty physician.

П That the applicant is NOT physically and/or psychologically fit to drive a racing car in competitive events at high speeds. CANDIDATES WHO HAVE HAD A MYOCARDIAL INFÁRCTION, WHO ĂRE DIABETIC AND TĂKE INSULIN, OR WHO HAVE ĂNY OF THE 11 CONDITIONS LISTED ABOVE MUST BE REFERRED TO THE MEDICAL REPRESENTATIVE.

Signed:(examining physician)

Date:

Address:

Completed form should be uploaded to Motorsportreg.com or emailed to Secretary@porscheclub.com

At Motorsportreg.com select My Account, click on your Profile, under Club Membership edit POC - upload the form and update the medical date. Porsche Owners Club, Inc., 1968 S. Coast Hwy #4911, Laguna Beach CA 92651



APPLICANT'S MEDICAL HISTORY

Name Age		Birthdate				
Street Address		City/State/Zip				
Occupation	Single	Married	Widowed	Divorced		
Personal Physician	Addres					
Examining Physician A. Have you been treated for, have you ever had or do		-				
(For each 'yes' checked, describe or explain below						
Yes	I	/		No		
1. Frequent or severe headaches						
2. Dizziness or fainting spells						
3. Unconsciousness for any reason						
4. Eye trouble except glasses						
5. Hay fever						
6. Asthma						
7. Allergy to medications or other drugs in	7. Allergy to medications or other drugs in addition to hay fever and asthma					
8. Diabetes						
9. Heart trouble						
10. High or low blood pressure						
11. Anemia or other blood diseases includi	ng abnormal bleeding					
12. Stomach trouble						
13. Kidney stone or blood in urine						
14. Sugar or albumin in urine						
15. Epilepsy or fits						
16. Nervous trouble of any sort						
17. Any mental trouble						
18. Any drug or narcotic habit						
19. Excessive drinking habit						
20. Attempted suicide						
21. Motion sickness requiring drugs						
22. Admission to hospital						
23. Operations involving eyes, brain, heart,	nerves or blood vesse	els				
24. Amputation or physical disability						
25. Other illnesses						
26. Immunization against tetanus (by toxoid	d)- list date below					
27. Tetanus boosters- list dates below						
28. Rejection for life insurance						
29. Currently take, or have taken blood	thinners					
Remarks:						
B: List any medication currently used (including eye dro	ps).					
C: Have you had an automobile accident, including raci	ng, in the past two (2)	years? If yes, explain or des	scribe:			
This is to certify that the above statements are true a information relative to my condition.	and accurate. I also g	ive permission to any hos	pital, institution or ph	ysician to furnish any		
Applicant's Signature	Date V	Vitness's Signature		Date		
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